



# 13<sup>th</sup> Annual GymQuarters Invitational

## February 17 – 19, 2012



### **Friday, February 17**

#### **Session 1 – XCEL- ALLTeams**

Open Stretch - 12:00 – 12:20 pm  
 March In - 12:25 pm  
 Warm Up - 12:30 – 12:45 pm  
 Competition - 12:45 – 3:30 pm  
 Awards - 3:30 pm

#### **Session 2 – Level 8 –**

GQ, FLIPZ, High Nrgy, MO Valley,  
 UGA, Arena, Elite Energy, Intrigue

Open Stretch - 3:30 – 3:50 pm  
 March In - 3:55 pm  
 Warm Up - 4:00 – 4:15 pm  
 Competition - 4:15 – 6:30 pm  
 Awards - 6:30 pm

#### **Session 3 – Level 3 All Teams**

Open Stretch - 6:30 – 6:50 pm  
 March In - 6:55 pm  
 Warm Up - 7:00 – 7:00 pm  
 Competition - 7:30 – 8:30 pm  
 Awards - 8:30 pm

### **Saturday, February 18**

#### **Session 4 – Level 7**

Open Stretch - 8:00 – 8:20 am  
 March In - 8:25 am  
 Warm Up - 8:30 – 8:45 am  
 Competition - 8:45 – 11:45 pm  
 Awards - 11:45m

#### **Session 5 – Level 8 –**

CAGE, Cardinal, Georgia,  
 KC Elites, Premier, Midwest  
 Twisters, World Class, Omega,  
 SLGC, TBT, Planet

Open Stretch - 12:00 – 12:20 pm  
 March In - 12:25 pm  
 Warm Up - 12:30 – 12:45 pm  
 Competition - 12:45 – 2:45 pm  
 Awards - 2:45 pm

#### **Session 6 – Level 9**

Cardinal, GQ, Georgia, Intirgue,  
 MO Valley, Oly Ellisville, Omega,  
 SLGC, TBT, World Class, UGA

Open Stretch - 3:00 - 3:20 pm  
 March In - 3:25 pm  
 Warm Up - 3:30 – 4:00 pm  
 Competition - 4:00 - 6:30 pm  
 Awards - 6:30 pm

#### **Session 7 – Level 10 All Teams Level 9 All Stars –**

Arena, Ed YMCA, Elite Energy,  
 FLIPZ, Hawkeye, KC Elite,  
 Midwest Twisters, Show Me

Open Stretch - 6:45 – 7:05 pm  
 March In - 7:10 pm  
 Warm Up - 7:15 – 7:30 pm  
 Competition - 7:30 – 9:30 pm  
 Awards - 9:30 pm

### **Sunday, February 19**

#### **Session 8 – Level 5 11 & Under**

Open Stretch - 8:00 – 8:20 am  
 March In - 8:25 am  
 Warm Up - 8:30 – 8:45 am  
 Competition - 8:45 – 12:00 pm  
 Awards - 12:00 pm

#### **Session 9 – Level 5 – 12 & Over & Level 6 – All Teams**

Open Stretch - 12:10 – 12:30 pm  
 March In - 12:35 pm  
 Warm Up - 12:40 – 12:50 pm  
 Competition - 12:50 – 3:50 pm  
 Awards - 3:50 pm

#### **Session 10 – Level 4**

UGA, Springfield, Edge, Gem City,  
 Midwest Twisters, World Class,  
 Show Me, GQ

Open Stretch - 3:50 - 4:10 pm  
 March In - 4:15 pm  
 Warm Up - 4:20 – 4:30 pm  
 Competition - 4:30 – 6:30 pm  
 Awards - 6:30 pm

#### **Session 11 – Level 4**

All American, GQ, High Nrgy,  
 NGA, Oly Mid Rivers, Planet,  
 SLGC

Open Stretch - 6:30 – 6:50 pm  
 March In - 6:55 pm  
 Warm Up - 7:00 – 7:10 pm  
 Competition - 7:10 – 9:10 pm  
 Awards - 9:10 pm