

11<sup>th</sup> Annual GymQuarters Invitational  
 February 13 – 14, 2010  
 Competition Schedule  
 Updated 1/18/2010

Saturday, February 13<sup>th</sup>, 2010 – GYM 1

***Session I – Level 8***

*River City, Spectrum, Dynamics, FLIPZ, Let It Shine, New Generation, NGA Twisters, Rebound, Show Me, Premier, Energym, Midwest – WI, Arena - CT*

Open Stretch - 8:00 am – 8:20 am  
 March In - 8:25 am  
 Timed Warm Up - 8:30 am – 8:50 am  
 Competition - 8:50 am – 11:20 am  
 Awards - 11:20 am

***Session III – Level 8 and***

***Level 9 – JUNIOR A age group  
 (Birthday between 2-15-99 & 1-23-1997)***

*Level 8 Teams*

*Arena IL, Gymini, GymStars, Intrigue, Libertyville, Southern Starz, Star, TAGS, UGA, World Class*

*Level 9 – Junior A*

*Premier TN, UGA, KC Elite, Show Me, Midwest-OH, Southern Starz, Arena IL, TBT, World Class*

Open Stretch - 11:30 am – 11:50 am  
 March In - 11:55 am  
 Timed Warm Up - 12:00 pm – 12:20 pm  
 Competition - 12:25 pm – 2:50 pm  
 Awards - 2:50 pm

***Session V – Level 9 - Junior B, Senior A, Senior B  
 ALL GYMS***

Open Stretch - 3:00 pm – 3:20 pm  
 March In - 3:25 pm  
 Timed Warm Up - 3:30 pm – 3:50 pm  
 Competition - 3:50 pm – 6:30 pm  
 Awards - 6:30 pm

***Session VII – Level 10 – ALL GYMS***

Open Stretch - 6:40 – 7:00 pm  
 March In - 7:05 pm  
 Timed Warm Up - 7:10 pm – 7:30 pm  
 Competition - 7:30 pm – 9:50 pm  
 Awards - 9:50 pm

Saturday, February 13<sup>th</sup>, 2010 – GYM 2

***Session II – Level 6***

*TAGS, UGA, SLGC, Gym Etc, Arena IL, World Class, Stacey's*

Open Stretch - 8:15 am – 8:35 am  
 March In - 8:40 am  
 Timed Warm Up - 8:45 am – 8:55 am  
 Competition - 8:55 am – 10:45 am  
 Awards - 10:45 am

***Session IV – Level 6***

*Dynamics, FLIPZ, GQ, Midwest Twister IL, NGA Twisters, Show Me, Southern Starz, Spectrum, Rebound*

Open Stretch - 11:00 am – 11:20 am  
 March In - 11:25 am  
 Timed Warm Up - 11:30 pm – 11:40 pm  
 Competition - 11:40 am – 1:30 pm  
 Awards - 1:30 pm

***Session VI – Level 7 and Prep Opt***

*Gymnastics Etc, KC Elite, Arena – CT, Libertyville, Midwest Twisters, Premier, Show Me, Star TAGS, World Class, Rebound, GymStars, Midwest- OH, NGA Twisters,*

Open Stretch - 1:40 pm – 2:00 pm  
 March In - 2:05 pm  
 Timed Warm Up - 2:10 pm – 2:25 pm  
 Competition - 2:25 pm – 5:25 pm  
 Awards - 5:25 pm

***Session VIII – Level 7***

*Arena IL, Dynamics, FLIPZ, GQ, Intrigue, New Generation, Southern Starz, Spectrum, Stacey's, Let It Shine, UGA*

Open Stretch - 5:40 – 6:00 pm  
 March In - 6:05 pm  
 Timed Warm Up - 6:10 pm – 6:25 pm  
 Competition - 6:25 pm – 9:25 pm  
 Awards - 9:25 pm

Sunday, February 14<sup>th</sup>, 2010 – GYM 1

***Session IX – Level 5***

GQ, TAGS, Arena IL, UGA, Midwest Twisters – IL,  
NGA Twister, Rebound, Stacey's, World Class

Open Stretch - 9:00 am – 9:20 am  
March In - 9:25 am  
Timed Warm Up - 9:30 am – 9:40 am  
Competition - 9:40 am – 12:15 pm  
Awards - 12:15 pm

***Session XI – Level 5***

GQ, Dynamics, Libertyville, Show Me, Star, SLGC,  
Southern Starz, FLIPZ

Open Stretch - 12:25 am – 12:45 pm  
March In - 12:50 pm  
Timed Warm Up - 12:55 pm – 1:05 pm  
Competition - 1:05 pm – 3:40 pm  
Awards - 3:40 pm

Sunday, February 14<sup>th</sup>, 2010 – GYM 2

***Session X – Level 3 And 4***

Level 3 – GQ, Olympiad Festus  
Level 4 – Olympiad Festus, GQ, Spectrum, Libertyville  
Star, Show Me

Open Stretch - 9:15 am – 9:35 am  
March In - 9:40 am  
Timed Warm Up - 9:45 am – 9:55 am  
Competition - 9:55 am – 11:30 am  
Awards - 11:30 am

***Session XII – Level 4***

GQ, SLGC, Arena IL, Southern Starz, Midwest  
Twisters - IL, NGA Twisters, Rebound, Stacey's, UGA,  
World Class

Open Stretch - 11:40 am – 12:00 pm  
March In - 12:05 pm  
Timed Warm Up - 12:10 pm – 12:20 pm  
Competition - 12:20 pm – 2:00 pm  
Awards - 2:00 pm