

**GymQuarters Fall Showcase 2009**  
**Saturday, October 3, 2009**

**Session One**

**Level 3, 5, 6, Prep Op**

Open Stretch	9:30 - 10:00 am
March IN	10:05 am
Timed Warm up	10:10 - 10:25 am
Competition	10:25 - 12:45
Awards	12:45 pm

**Session Two**

**Level 4**

Open Stretch	1:30 - 2:30 pm
March IN	2:05 pm
Timed Warm up	2:10 - 2:25 pm
Competition	2:25 - 5:15 pm
Awards	5:15 pm